

What you will need:

Mop and bucket ☐

Hot water ☐

Detergent wipes ☐

Disinfectant,
wipes and spray ☐

Chlorine tablets ☐

Patient wipes ☐

Disposable
colour-coded cloths ☐

Floor cleaner ☐

Vacuum cleaner ☐

Urine and vomit
spill pack ☐

Steam cleaner ☐

Carpet shampoo ☐

Washing detergent ☐

Dissolvable
laundry sacks ☐

Washing up liquid ☐

Hand sanitiser
this should be made
available for all
members of staff
and visitors ☐

Also remember your Personal Protective Equipment when cleaning and handling laundry in a care home to help prevent cross infection.

Cleaning checklist

Thorough cleaning must be carried out on all surfaces, floors, soft furnishings and equipment.

Weekly cleaning should include:

1 2 3 4

Doors and door frames ☐ ☐ ☐ ☐

Radiator covers ☐ ☐ ☐ ☐

Kitchens cleaned from top to bottom including fridges, surfaces, oven and floors ☐ ☐ ☐ ☐

Window sills and frames ☐ ☐ ☐ ☐

Inside windows ☐ ☐ ☐ ☐

Skirting boards ☐ ☐ ☐ ☐

Handrails ☐ ☐ ☐ ☐

Ledges, flat surfaces and tops of wardrobes ☐ ☐ ☐ ☐

Bed frames ☐ ☐ ☐ ☐

Mattresses – hoovered and sprayed with disinfectant ☐ ☐ ☐ ☐

Bedside cabinets ☐ ☐ ☐ ☐

Over-bed tables ☐ ☐ ☐ ☐

Extractor fans ☐ ☐ ☐ ☐

Skin and taps ☐ ☐ ☐ ☐

Toilets and bathrooms – check, clean and tidy.
Ensure that there are detergent wipes availables in each bathroom. Replenish soap, hand towels and make sure there is no scale build up ☐ ☐ ☐ ☐

Floors and carpets ☐ ☐ ☐ ☐

Medicine trolleys and cupboards – clean and check contents ☐ ☐ ☐ ☐

Light switches, all fittings and lampshades ☐ ☐ ☐ ☐

Reusable equipment such as shower chairs, hoists and commodes ☐ ☐ ☐ ☐

Bath hoists ☐ Clean after use

Wheelchairs – ensure to check frame and wheels ☐ Clean after use